

Binding Techniques

- pamphlet stitch small single signature booklet, thread bound
- materials sharp x-acto, bone folder, metal ruler, awl, non-cotton thread, [curved] needle, wax; suggested: newsprint, xerox, clay coated, or butcher papers
- practice example 5.5 x 8.5" booklet [letter paper folded in half]
- 1 collate your (printed) paper.
 - 2 fold each paper in half. this is called a folio.
 - 3 stack the folios together in their correct order. this is called a signature.
 - 4 make a jig with measured placement for holes along the spine.
 - 5 cradle the spine of your signature into the spine of a magazine. use an awl to punch holes into the spine of each signature. the size of your paper will determine the spacing in between each hole. generally, divide the height of your booklet by four to have equidistant holes. mark with a pencil where you want your holes. if you do not have an awl, use a hammer and nail.
 - 6 wax your thread. this ensures a tight knot, and sturdy binding. thread a (curved) needle (do not knot the end of your thread) and start your stitch from the inside of your signature, center hole. pull the thread all the way through, save for two inches.
 - 7 pulling the needle through to the outside of the signature, work your way up to the top hole, and insert the need through to the inside. from the top hole, go past the center hole and down to the bottom hole.
 8. from the outside of the bottom hole, pull back up to the center hole (the hole you started the stitch from). tie the two ends of thread together and cut.

